



# JOIN THE E-CONVERSATION SHC Multidisciplinary Palliative Care Forum

Community. Knowledge. Growth.

Tuesday, July 14, 2026

12.30pm - 2pm

Zoom Webinar

## Music Therapy in Mental Health and Palliative Care

Individuals living with severe and chronic mental illnesses (SCMI) often experience enduring psychological, social, and existential suffering that may persist despite ongoing treatment. With a focus on people with life-limiting physical illnesses, its commitment to relieving suffering, preserving dignity, and enhancing quality of life, palliative care offers valuable perspectives for supporting individuals living with severe and chronic mental illness.

This panel brings together music therapists working across palliative care, end-of-life care, and mental health settings to explore the intersection between palliative care and severe mental illness. Through clinical reflections and case examples, panelists will examine how music therapy supports emotional expression, personhood, agency, meaning-making, and quality of life, while addressing dimensions of total pain.

This session invites participants to consider how palliative and mental health approaches can complement one another in fostering dignity, connection, and hope even when cure or recovery remains uncertain.



Register

[tinyurl.com/mdfjul26](https://tinyurl.com/mdfjul26)

1 CME / CPE Point  
(Pending Approval)  
*\*For LIVE session only*



**Ms Tammy Lim**  
Lead Music Therapist  
Assisi Hospice



**Ms Evelyn Lee**  
Locum Music Therapist  
Institute of Mental Health



**Ms Hanna Ma**  
Director and Music Therapist  
The Vocal Studio



**Dr George Khoo**  
Family Physician  
Institute of Mental Health

**\*Open to all local and overseas healthcare professionals and non-clinical staff in community or hospital setting**  
The webinar will be recorded by SHC authorised personnel for learning and archival purposes.

